

# Lil Bambino's

## Baby Tot's



### What is Lil Bambino's??

The aim of Lil Bambino's is to provide fun interactive sessions covering fundamental movement patterns to stimulate brain growth and development. Fundamental Movement Skills are patterns of movement that involve different body parts such as legs, arms, trunk and head. these foundation movements or basic patterns assist your child to learn and eventually perform more specialised, complex skills that children use to play. These skills will be achieved by providing a balance between structured and free exploration play.

Lil bambino's teaches the child through the parent, strengthening the parent/child bond. The tutor will therefore ensure that skills are well demonstrated and that parents clearly understand how to assist their child to learn.

Each class is structured to include a warm up, followed by activities to stimulate brain and sensory development, then free group exploration to nurture social and emotional development. The classes work through repetition which helps the connections between brain cells, therefore strengthening and developing babies brain. The sessions are full of music, fun and excitement

### LIL BAMBINO'S REGISTRATION FORM

Child's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_  
 Child's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_  
 Child's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_  
 Child's Address: \_\_\_\_\_  
 \_\_\_\_\_

#### Medical Information

Any Medical Conditions/Allergies we should know about: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

#### Next of Kin Details

Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
 Parents Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_  
 Cell: \_\_\_\_\_ Email: \_\_\_\_\_

#### Sessions Attending - Please Circle:

Term 1 - 25th Feb- 1st April	10.15am - 10.45am
Term 2 - 27th May - 1st July	10.15am - 10.45am
Term 3 - 19th August - 23rd Sept	10.15am - 10.45am
Term 4 - 4th Nov - 9th Dec	10.15am - 10.45am

Photo's are often taken for display and promotion. If you do not wish you child's photo to be displayed please tick the box.

#### Lil Bambino's programme Parent Agreement

In giving consent for my child/ren to participate in the Lil Bambino's programme, I agree to the following conditions:

- I have read and understand the "Information for Parents".
- I understand that there are risks associated with my child/ren attending the programme. To help minimise these risks, the programme has safety procedures, as well as rules and boundaries for all children, that must be complied with.
- The supervisor has my permission, if necessary, to arrange urgent medical treatment at my cost and to move my child/ren in an emergency to a safer location.
- If you have any questions about the programme or wish to see the programme policies prior to signing, please ask Tessa (Recreation Programmer) or the programme facilitator.

Please note: There are no refunds, a replacement child is welcome to fill the spot. After the first session you must sign up and pay in advance for the rest of the term unless otherwise arranged with Tessa for special circumstances.

Please make cheques out to Hastings District Council and post to: Hastings Sports Centre, Private Bag 9002, Hastings

# Lil Bambino's

## BABY TOTS

This class is aimed at babies aged between 6 months to a year. This age bracket is only a guideline as all children develop at different ages and stages.

The class is on Friday morning and runs for a half hour each over a term of 6 weeks. Classes are limited to only 10 per places class.

Over the six week period we will cover such things as..

- Baby Exercises,
  - Palmer Reflex Exercises,
  - Vestibular/Balance Activities,
  - Music and Rhythm,
  - Rolling Activities,
  - Upper Body Activities,
  - Visual Tracking
- And a warm down activity.

